

## Spouses' / Partners' programme

### Monday 26 July

Come with your husband/partner to the conference registration and meet me there.

We will go for a walking tour round the centre of **Newcastle**, taking in some of the history from Roman times to the present, and showing you where things happen in Newcastle, and what you can do.

Most of the walk will be gently downhill, ending up by the river Tyne, where you can join me for lunch, if you like.

### Tuesday 27 July

Meet me again at the conference at about 9.15 pm.

We will take the Metro to **Tynemouth** and visit the **Priory and Castle** on the cliffs above the sea.

After a fairly early lunch in Tynemouth, we will go by **ferry** across the river Tyne to **South Shields**, where you can either wander around the **seaside resort** or visit **Arbeia**, a Roman military fort.

We return to Newcastle by Metro, arriving back at about 16.30.

You will need to buy a Metro/ferry ticket and an entrance ticket to Tynemouth Priory.

### Wednesday 28 July

We will join the conference participants for the afternoon trip to **Alnwick Castle and Garden**.

### Thursday 29 July

Meet me at the ticket office at Newcastle Central Railway Station at about 9.50.

We will go to **Durham**, and wander through the city, visiting the main **World Heritage sites**.

The train will leave Newcastle at 10.15, and we'll be in Durham by 10.30. After a walk through the middle of the city we will visit the **Castle**.

We will have lunch nearby, and then walk round the **Cathedral**.

After that you can wander freely or join me for a walk along the river banks.

Trains return to Newcastle at 15.50 (arriving 16.12) or 16.25 (arriving 16.37)

You will need to buy a return train ticket and your entry ticket to the castle.

The programme may change if the weather is bad!

Rosemary Zakrzewski